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—————DERMATOLOGY AND DERMATOLOGY SURGERY—————

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SCLEROTHERAPY TREATMENT TIPS

1. **Do not shave your legs for 24 hours prior to your office visit.** We use alcohol to cleanse your skin and if you have shaved recently, this will sting. After treatment, you may shave at any time.
2. **Do not use moisturizers or moisturizing soaps (Dove, Caress, Tone, Basis, and others) for 24 hours prior to your office visit.** They make your legs slippery which makes our injections very difficult. After treatment, you may use moisturizers as soon as you wish.
3. Bring shorts to wear during the procedure.
4. Circle your worst veins with a ball point pen.
5. Avoid prolonged sitting or standing or aerobics for 48 hours after treatment. Also, avoid heat and elevate your legs while sitting.
6. Support hosiery is helpful for a day or two after treatment. We apply tape to the treated areas which is removed the night of treatment. Following this, support hosiery can be worn for 48 hours or longer if desired. This may improve your results.
7. Sclerotherapy is considered a cosmetic procedure and all fees are the patient's responsibility. These fees must be paid at the time the treatment is rendered.
8. Do not take aspirin or non-steroidal anti-inflammatory drugs (like Motrin or Ibuprofen) for 3-4 days prior to your visit.
9. LASERS: hurt more
hyperpigmentation is unavoidable
don't penetrate deeply enough
work well for the face but not for the legs